

Desiderata

*“Go placidly amid the noise and haste, and remember what peace there may be
in silence.*

*As far as possible without surrender be on good terms with all persons.
Speak your truth quietly and clearly; and listen to others, even the dull and
ignorant; they too have their story.*

*Avoid loud and aggressive persons, they are vexations to the spirit.
If you compare yourself with others, you may become vain and bitter;
for always there will be greater and lesser persons than yourself.*

*Enjoy your achievements as well as your plans.
Keep interested in your career, however humble; it is a real possession in the
changing fortunes of time.*

*Exercise caution in your business affairs; for the world is full of trickery.
But let this not blind you to what virtue there is; many persons strive for high
ideals; and everywhere life is full of heroism.*

Be yourself.

Especially, do not feign affection.

*Neither be critical about love; for in the face of all aridity and disenchantment it
is as perennial as the grass.*

*Take kindly the counsel of the years, gracefully surrendering the things of youth.
Nurture strength of spirit to shield you in sudden misfortune. But do not distress
yourself with imaginings.*

*Many fears are born of fatigue and loneliness. Beyond a wholesome discipline,
be gentle with yourself.*

*You are a child of the universe, no less than the trees and the stars;
you have a right to be here.*

*And whether or not it is clear to you, no doubt the universe is unfolding as it
should.*

*Therefore be at peace with God, whatever you conceive Him to be,
and whatever your labors and aspirations, in the noisy confusion of life keep
peace with your soul.*

*With all its sham, drudgery and broken dreams, it is still a beautiful world. Be
careful. Strive to be happy.”*

- Max Ehrmann